

**ST. FRANCIS XAVIER SCHOOL  
SYLLABUS FOR CLASS I  
ACADEMIC SESSION 2024 - 2025  
SUBJECT: ENGLISH**

**FIRST TERM (APRIL '24-SEP'24)**

**PRESCRIBED TEXT: GULMOHAR READER 1**

<b>CHAPTER NO.</b>	<b>TOPIC</b>	<b><u>TOPIC DETAILS</u></b>
	<b>PROSE</b>	
1	Grandma's vegetable garden	Reading and explanation, new words, question and answers, learning the poems by heart, spellings & dictation, matching, fill in the blanks, true and false and make sentences.
2	Daisy, the cow	
3	The naughty kite	
4	The king's drum	
	<b>POEM</b>	
1	A kite	
2	I ride my bicycle	
3	Tulips	

**PRESCRIBED TEXT: NEW GRAMMAR MAGIC REVISED 1**

<b>CHAPTER NO</b>	<b>TOPIC</b>	<b>TOPIC DETAILS</b>
1	Nouns	Definition, kinds with examples,
2	Common nouns Proper nouns	Activity oriented class, worksheets ,
3	Singular Plural	Fill in the blanks,
4	This That	identify the object,

5	These Those	singular and plural, articles, pronouns
6	Gender	make sentences, punctuations,
7	Pronouns	several topics for picture
8	A or An	composition.
9	Position words	
10	Verb	

**PRESCRIBED TEXT: PEARL DROP- A BOOK OF CURSIVE HANDWRITING**

Pages - 3 to 51

Handwriting practice

**ANNUAL TERM (OCT'24 - FEB '25)**

**PRESCRIBED TEXT: GULMOHAR READER 1**

**CHAPTER NO**

**TOPIC**

**TOPIC DETAILS**

5

The little sofa

Reading and explanation, new words,

6

Cleaning the playground

question and answers, learn the

7

Jijo and Elly

poems by heart, spelling & dictation,

8

Sera learns to fly

matching, fill in the blanks,make

sentences, true and false,

worksheets

**POEM**

4

If you catch a fire fly

5

Sea song

**PRESCRIBED TEXT: NEW GRAMMAR MAGIC REVISED 1**

**CHAPTER NO**

**TOPIC**

**TOPIC DETAILS**

11	Is, Am, Are	Activity oriented class, worksheets
12	Describing words	will be given, definition and kinds
13	The sentence	with examples, fill in the blanks,
14	Questions Statements	identify the object,
15	Punctuation	helping verbs, joining words, make
16	Has, Have	sentences, several
17	Comprehension	topics for picture composition.
18	Composition	

**PEARL DROP- A BOOK OF CURSIVE HANDWRITING**

Pages - 52 to 96

Handwriting Practice

**FLN ACTIVITY**

**Noun Charades**  
**Boogy Boogy**  
**Rhyming words**  
**Sound Identification**

**CHILD/ TOY  
BASED PEDAGOGY**

**Mimicry in movement**  
**Show and tell**  
**Odd one out**  
**Picture reading**  
**Simple jigsaw puzzle to match**  
**Game of name,place,animal thing for Noun identification**

**ST. FRANCIS XAVIER SCHOOL  
SYLLABUS FOR CLASS I  
ACADEMIC SESSION 2024 - 2025  
SUBJECT: MATHEMATICS**

**FIRST TERM (APRIL'24-SEP'24)**

**PRESCRIBED TEXT: FOUNDATION MATHEMATICS**

<b>CHAPTER NO</b>	<b>TOPIC</b>	<b>TOPIC DETAILS</b>
1	Numbers up to 100	Zero, Numbers from 11-50, Numbers from 51-100, Place value & face value, Comparison of Numbers, Ascending and Descending order, Forming Numbers
2	Addition	Addition of numbers 1 -20, Column Addition, Order Property of Addition, Zero in Addition, Addition of Three Numbers, Word Problems
3	More about Addition	Addition without Regrouping, Regrouping Of Numbers from Ones to Tens, Word Problems
4	Subtraction	Subtraction of numbers 1-20, Column Subtraction, Properties of Subtraction, Word Problems
6	Geometrical Shape	Plane Shape, Solid Shapes, Rolling and Sliding

**PRESCRIBED TEXT: MENTAL ARITHMETIC**

Exercise 1 - 55

**ANNUAL TERM (OCT'24-FEB'25)**

**PRESCRIBED TEXT: FOUNDATION MATHEMATICS**

<b>CHAPTER NO</b>	<b>TOPIC</b>	<b>TOPIC DETAILS</b>
5	More About Subtraction	Subtraction without Regrouping, Addition and Subtraction Together,

7	Measurement of Length	Regrouping of Numbers from Tens to Ones Word Problems on Subtraction, Word problems on Addition or Subtraction. Vocabulary like near ,far above, below, longer , shorter etc, Non-standard Units of Length,
8	Measurement of Mass	Measuring Lengths using Objects, standard Units of length
9	Measurement of capacity	Vocabulary like heavier, lighter, heaviest, lightest etc Vocabulary like more, less.
10	Time	Sequence of Events, Duration of an Activity, Days of a Week
11	Data Handling	
12	Patterns	

**PRESCRIBED TEXT: MENTAL ARITHMETIC**

Exercise 55 -95

**FLN ACTIVITY**  
**Sorting cards of odd and even numbers**  
**Count with straws**  
**Repeat and add**  
**Calendar Activity**

**CHILD/ TOY**  
**BASED PEDAGOGY**  
**Comparison big and small**  
**Stationery Shop**  
**Spot the Pattern**  
**Spot the Heaviest**  
**Abacus activity**  
**Ice cream counting and sorting activity**

**ST. FRANCIS XAVIER SCHOOL  
SYLLABUS FOR CLASS I  
ACADEMIC SESSION 2024 - 2025  
SUBJECT: ENVIRONMENTAL STUDIES**

**FIRST TERM (APRIL '24-SEP'25)**

**PRESCRIBED TEXT: VIVA ICSE ENVIRONMENTAL STUDIES**

<b><u>CHAPTER NO</u></b>	<b><u>TOPIC</u></b>	<b><u>Topic Details</u></b>
1	About Me	Reading and explanation,new words,
2	Our Body	question and answers,draw pictures,name
3	My Family	the following,choose the correct word
4	Our Neighbours and Friends	matching,fill in the blanks,true and false,
5	Food We Eat	label the following ,give one word answer,
6	We Need Water	worksheets
7	We Need Shelter	
8	Clothes We Wear	
9	We Need Air	

**Topic Details will remain same for all the chapters(subjects)**

**ANNUAL TERM (OCT'24-FEB'25)**

**PRESCRIBED TEXT: VIVA ICSE ENVIRONMENTAL STUDIES**

**CHAPTER NO**

**TOPIC**

**Topic Details**

10	Keeping Clean	Reading and explanation,new words,
11	Staying Healthy and Safe	question and answers,draw pictures,name
12	Our Neighbourhood	the following,choose the correct word
13	People Who Help Us	matching,fill in the blanks,true and false,
14	Plants Around Us	label the following ,give one word answer,
15	Animals Around Us	worksheets
16	Travelling In Vehicles	
17	How We Communicate	
18	The Sky	

**Topic Details will remain same for all the chapters(subjects)**

**Toy based pedagogy    Models of toy cars to b used to explain the chapter on vehicles**  
**Usage of toy Dr.set to explain the importance of staying healthy-role play**

**ST. FRANCIS XAVIER SCHOOL  
SYLLABUS FOR CLASS I  
ACADEMIC SESSION 2024 - 2025  
SUBJECT: COMPUTER**

**FIRST TERM (APRIL '24-SEP'24)**

**PRESCRIBED TEXT: INTEGRATED COMPUTING ESSENTIALS**

<b>CHAPTER NO</b>	<b>TOPIC</b>	<b>TOPIC DETAILS</b>
1	Computer-A Machine	Reading and explanation, question answers, fill in the blanks, matching, drawing with labelling, name the following , true/false
2	Uses of Computer	
3	Parts of a Computer	

**ANNUAL TERM (OCT '24 - FEB 25)**

**PRESCRIBED TEXT: INTEGRATED COMPUTING ESSENTIALS**

<b>CHAPTER NO</b>	<b>TOPIC</b>	<b>TOPIC DETAILS</b>
4	Using a Computer-Do's and Don't 's	Reading and explanation, question answers, fill in the blanks, matching, drawing with labelling, name the following, true/false
5	Computer Mouse	
6	Computer Keyboard	

**Toy based pedagogy** Cardboard cut out of parts of computer to be used to make the students identify



**ST. FRANCIS XAVIER SCHOOL**  
**SYLLABUS FOR CLASS I**  
**ACADEMIC SESSION 2024 - 2025**  
**SUBJECT: HINDI**

**FIRST TERM (APRIL '24-SEP'24)**

**PRESCRIBED TEXT: मेघा १**

CHAPTER NO	TOPIC	TOPIC DETAILS
4	अ और आ की मात्रा वाले शब्द	पाठ-परिचय
5	इ और ई की मात्रा	रिक्त स्थानों की पूर्ति
6	उ और ऊ की मात्राएं	शब्दार्थ . वाक्य बनाओ प्रश्न उत्तर
7	ए और ऐ की मात्राएं	किसने किससे कहा ?
8	ओ और औ की मात्रा	सही उत्तर पर सही का निशान लगाना ।
9	अनुस्वार अनुनासिक: के चिन्ह	मौखिक प्रश्नो द्वारा बौद्धिक परिक्षण
10	ऋ की मात्रा रेफ और पदेन की मात्राएं	

**PRESCRIBED TEXT: अविका हिंदी व्याकरण**

CHAPTER NO	TOPIC	TOPIC DETAILS
1	भाषा	पाठ-परिचय
२	वर्ण और वर्णमाला	रिक्त स्थानों की पूर्ति
3	मात्राएं	प्रश्न उत्तर
6	संज्ञा	सही उत्तर पर सही का निशान लगाना ।

**PRESCRIBED TEXT: सरल हिंदी सुलेख**  
पृष्ठ संख्या 2- 20 तक

ANNUAL TERM (OCT '24 -FEB'25)

PRESCRIBED TEXT मेघा भाग 1

CHAPTER NO	TOPIC	TOPIC DETAILS
14	मेंढक की सीख	पाठ-परिचय
16	आओ पेड़ लगाएँ	रिक्त स्थानों की पूर्ति
18	मित्रता	शब्दार्थ . वाक्य बनाओ
19	पाजी कौवा	प्रश्न उत्तर
22	समझदार मीनी	किसने किससे कहा ?
निबंध	मेरा परिवार	सही उत्तर पर सही का निशान लगाना । मौखिक प्रश्नो द्वारा बौद्धिक परिक्षण

PRESCRIBED TEXT: अविका हिंदी व्याकरण भाग 1

CHAPTER NO	TOPIC	TOPIC DETAILS
7	लिंग	पाठ-परिचय
8	वचन	रिक्त स्थानों की पूर्ति
12	गिनती 1 से 20 तक	प्रश्न उत्तर
14	उल्टे अर्थ वाले शब्द	सही उत्तर पर सही का निशान लगाना । मौखिक प्रश्नो द्वारा बौद्धिक परिक्षण

PRESCRIBED TEXT: सरल हिंदी सुलेख भाग 1  
पृष्ठ संख्या 21- 40

FLN ACTIVITY	मेरी मां पर पांच वाक्य दिए गए चित्रों का सही मिलान कीजिए आप अपने माता-पिता के साथ पार्क घूमने गए थे
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**CHILD/ TOY**

**BASED PEDAGOGY**

आपने क्या-क्या देखा उनके नाम लिखिए एवं चित्र बनाकर उसमें उचित रंग भरे

कार्यपत्रक ( worksheet based on related chapter)

आंतरिक गतिविधि क) - मिलन करो

ख) बूझो तो जाने

ग) कहानी से सीख( देश के शूरवीरों की कहानी सुना)

**Topic details will remain same for all chapters(subjects)**

**ST. FRANCIS XAVIER SCHOOL**  
**SYLLABUS FOR CLASS I**  
**ACADEMIC SESSION 2024 - 2025**  
**SUBJECT: BENGALI**

**FIRST TERM (APRIL '24-SEP '24)**

**PRESCRIBED TEXT: সঞ্চয়িতা**

<b>PAGE NO</b>	<b>TOPIC</b>	<b>TOPIC DETAILS</b>
Pg 5-30	অ-কার যোগ ঔ-কারথেকে -কার যোগ	সাজিয়ে লেখো, বাক্য রচনা, শূন্যস্থান পূরণ,
Pg 44-45	প্রভাত	ছবি দেখে চিহ্নিত করো, পাশের খোপ
Pg 46-48	ঘাসফড়িং আর পিঁপড়েরা	থেকে বেছে নিয়ে লেখো, মিল করে লেখো,
Pg 55-57	বাবু	প্রশ্ন উত্তর লেখো (এক কথায় উত্তর দাও
Pg 67-70	তিনটি মাছ	কবিতা মুখস্থ লেখো
Pg 61-63	বোকামির ফল	ছবি দেখে লেখো
Pg 49-51	ছায়ার ঘোমটা মুখে টানি	MOCK TEST 1-4

**PRESCRIBED TEXT: BENGALI GRAMMAR**

<b>TOPIC</b>	<b>TOPIC DETAILS</b>
শব্দ ও বাক্য	উদাহরণসহ সংজ্ঞা
বিশেষ্য, সর্বনাম, ক্রিয়া পদ	শূন্যস্থান পূরণ, সাজিয়ে লেখো
বচন	বচন চিহ্নিত করো, লিঙ্গ চিহ্নিত করো
লিঙ্গ	
অনুচ্ছেদ রচনা	তোমার বাড়ি, আমার মা, আমাদের দেশ কাক একটি ঝাড়ুদার পাখি, আমার মাওবাবা জলের ব্যবহার, বৃষ্টির দিন

**PAGE NO**  
Pg 3-32

**PRESCRIBED TEXT: লিপিকা**

**TOPIC DETAILS**

হাতের লেখা অভ্যাস

**ANNUAL TERM (OCT '24 - FEB 25)**

**PRESCRIBED TEXT: সঞ্চয়িতা**

**PAGE NO**

**TOPIC**

**TOPIC DETAILS**

Pg 32-40

খণ্ড-ত (৭) থেকে চন্দ্রবিন্দু(৩)

সাজিয়ে লেখো, বাক্য রচনা, শূন্যস্থান পূরণ,

Pg 52-54

রাজা দশরথ

ছবি দেখে চিহ্নিত করো, পাশের খোপ

PG 58-60

আমাদের দেশ

থেকে বেছে নিয়ে লেখো, মিল করে লেখো,

Pg 65-66

ভোর হল

প্রশ্ন উত্তর লেখো (এক কথায় উত্তর দাও

Pg 71-72

কুতুর কুতুর ময়না

কবিতা মুখস্থ লেখো, পাঠ করা।

Pg 61-64

বোকামির ফল

MOCK TEST 1-4

Pg 67-70

তিনটি মাছ

**PRESCRIBED TEXT: BENGALI GRAMMAR**

**TOPIC**

**TOPIC DETAILS**

পুরুষ

কোনটি কী পুরুষ লেখো, উদাহরণসহ সংজ্ঞা

বিশেষণ পদ

ক্রিয়া ও বিশেষণ পদ বেছে নিয়ে লেখো

ক্রিয়া

বিপরীত শব্দ লেখো

বিপরীত শব্দ লেখো

অনুচ্ছেদ রচনা

শরৎকাল, বিদ্যাসাগর, তোমার কী কী করতে ভালো লাগে

রবীন্দ্রনাথ ঠাকুর (বাকী ক্লাসে জানানো হবে।)

**PRESCRIBED TEXT: লিপিকা**

**PAGE NO**

Pg 33-64

**TOPIC DETAILS**

হাতের লেখা অভ্যাস

**Topic details will remain same for all chapters(subjects)**

**ST. FRANCIS XAVIER SCHOOL  
SYLLABUS FOR CLASS I  
ACADEMIC SESSION 2024 - 2025  
SUBJECT: GENERAL KNOWLEDGE**

**FIRST TERM (APRIL '24- SEPT' 24)**

**PRESCRIBED TEXT: GURUKUL'S GK TIMES 1**

**CHAPTER NO**

**TOPIC / PAGE NUMBER**

5 to 24

**Topic Details will remain same for all the chapters(subjects)**

**ANNUAL TERM (OCT'24 - FEB'25)**

**PRESCRIBED TEXT: GURUKUL'S GK TIMES 1**

**CHAPTER NO**

**TOPIC / PAGE NUMBER**

25 to 48

**Topic Details will remain same for all the chapters(subjects)**

**ST. FRANCIS XAVIER SCHOOL  
SYLLABUS FOR CLASS I  
ACADEMIC SESSION 2024 - 2025  
SUBJECT: VALUE EDUCATION**

**FIRST TERM (APRIL '24-SEP 24')**

**PRESCRIBED TEXT: SKILLS FOR LIFE**

<b>CHAPTER NO</b>	<b>TOPIC</b>	<b>Topic Details</b>
1	God is everywhere	Chapter reading, explanation, new words, spellings and question answers.
2	Bad habits	
3	Bears and bees	
4	Sharing and caring	
5	Stop, look and listen	

Topic Details will remain same for all the chapters

**ANNUAL TERM (OCT'24-FEB'25)**

**SKILLS FOR LIFE**

<b>CHAPTER NO</b>	<b>TOPIC</b>	<b>Topic Details</b>
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6  
7  
8  
9

I am coronavirus  
The crooked tree  
Respect nature  
Try, try again

Chapter reading,explanation,  
new words,spellings and  
question answers.

Topic Details will remain same for all the chapters(subjects)

**ST. FRANCIS XAVIER SCHOOL  
SYLLABUS FOR CLASS I  
ACADEMIC SESSION 2024 - 2025  
SUBJECT: ART and CRAFT**

**FIRST TERM (APRIL'24-SEP'24)**

**PRESCRIBED TEXT: CANDID CREATIVE ART**

<b>TOPIC</b>	<b>PAGE NO. / ACTIVITY</b>
<b>Art book</b>	<b>pages 4 - 24</b>
<b>Drawing</b>	<b>Apple, Ice cream ,Balloon, Candle, Hill Scenery, Chair, Pencil, Handfan.</b>
<b>Paper Cutting</b>	<b>Apple Tree National Flag Rath and Kite</b>
<b>Origami</b>	<b>Boat and Tree</b>
<b>Craft</b>	<b>Cotton buds Painting</b>

**Rocket with Icecream Sticks**  
**Duck Making**  
**Cotton Pasting**  
**Friendship band**  
**Making Thumb Impression**  
**Vegetable Printing**  
**Caterpillar Making**  
**Diya Making**  
**Flute Making**  
**National Flag Making**  
**Rakhi Making**

**ANNUAL TERM (OCT'24 - FEB '25)**

**PRESCRIBED TEXT: CANDID CREATIVE ART**

<b><u>CHAPTER NO</u></b>	<b><u>TOPIC</u></b>
<b>Art book</b>	<b>Pages 22- 40</b>
<b>Drawing</b>	<b>Knife, Cap ,Rat Fish, Hut Boat &amp; Scenery</b>
<b>Paper Cutting</b>	<b>Diya</b>

**Origami**

**Bell**

**ice-cream**

**Candle**

**Papaya**

**Joker**

**Kite Making**

**Chad-mala Making**

**Flute Making**

**Crackers Making(phuljhari)**

**Santa Cap Making**

**Spray painting**

**Dot painting**

**ST. FRANCIS XAVIER SCHOOL  
SYLLABUS FOR CLASS I  
ACADEMIC SESSION 2024 - 2025  
SUBJECT: DANCE**

**FIRST TERM (APRIL'24-SEP'24)**

**PRESCRIBED TEXT: SONG & DANCE BOOK**

<b>SI NO.</b>	<b>TOPIC</b>
1	Basic Bharatnatyam step 1-5
2	Basic body movements with counting.
3	Exercise for body fitness.
4	Dance based on patriotic songs.
5	Theory- Name of Mudras (5)
6	Dance based on Tagore Song.

**ANNUAL TERM (OCT'24-FEB'25)**

**PRESCRIBED TEXT: SONG & DANCE BOOK**

<b>SL NO.</b>	<b>TOPIC</b>
1	Revision of basic steps 1-5
2	Body movements in creative dance with music.
3	Dance based on western songs.
4	Basic yoga movements in dance.
5	Dance on songs based on festivals- Durgapuja, Diwali,Christmas
6	Theory- Revision of different mudras.

**ST. FRANCIS XAVIER SCHOOL  
SYLLABUS FOR CLASS I  
ACADEMIC SESSION 2024 - 2025  
SUBJECT: MUSIC**

**FIRST TERM (APRIL'24-SEP'24)**

**PRESCRIBED TEXT: SONG & DANCE BOOK**

<b>SLNO.</b>	<b>TOPICS</b>
1	Basic vocal exercises
2	School song
3	Showers of blessings

**ANNUAL TERM (OCT'24-FEB'25)**

**PRESCRIBED TEXT: SONG & DANCE BOOK**

<b>SLNO</b>	<b>TOPICS</b>
1	He is my everything
2	Sing them over again
3	There is a happy land

**ST. FRANCIS XAVIER SCHOOL  
SYLLABUS FOR CLASS I  
ACADEMIC SESSION 2024 - 2025  
SUBJECT: PHYSICAL EDUCATION AND KARATE**

**FIRST TERM (APRIL'24-SEP'24)**

**TOPICS & COMMANDS**

Line Formation  
One Hand Distance  
Attention  
Stand at Ease  
Upper & Lower Body Exercise  
Recreational Games

**BENEFITS & VALUES**

Synchronised Movement  
Discipline During Assembly  
Body Flexibility  
Developing physical & Mental Ability  
Increasing Stamina

**KARATE**

**BENEFITS AND VALUES**

**Exercise**

To increase the stamina

Punch [middle punch]

To increase the punch power

Block [ lower block]

To increase the defence power

Exercise

To increase the stamina

Punch [upper punch ]

To increase the punch power

Block [upper block]

To increase the defence power

**ANNUAL TERM (OCT'24 - FEB '25)**

**TOPICS & COMMANDS**

Mass drill Exercise  
Running, Jumping , Throwing

**BENEFITS & VALUES**

Stabilizing the Body  
Developing Physical & Mental ability

Calisthenics Exercise  
Free hand Exercise

Maintaining strength & ability  
To increase the stamina

## **KARATE**

## **BENEFITS AND VALUES**

Exercise

To increase the stamina

Punch [lower punch]

To increase the punch power

Block [inner form block]

To increase the defence power

Block [outer form block]

To increase the defence power

Kata Junino Ich [1-8step]

**SELF DEFENCE TECHNIQUE**